

## Uganda - Itinerary and Weekly Schedule

Late May-Mid June

Extra Aardvark Israel programming in Tel Aviv, Jerusalem, and throughout Israel.

Mid June

Fly to Uganda, and move into the TEN Center.

Weekly Schedule

Monday-Thursday

8:00-9:00: Breakfast and prepare for the field

9:00-13:00: Morning volunteering. Volunteers will assist in local primary schools, helping with arts and crafts and English tutoring.

13:00-14:00: Lunch and break

14:00-17:00: Afternoon volunteering. Volunteers will create activities and games in local community centers, for children of all ages. Activities will focus on sustainability, critical thinking, and problem solving.

19:00: Dinner

20:00-21:30: Evening activities. Evenings will rotate between International Development Sessions on poverty, social justice, environment, etc.; Educational Method Sessions on cross-cultural learning, as well as technical tools for teaching; and Free Evenings for volunteers to explore on their own.











## Friday

Fridays and Saturdays alternate between community Shabbat at the TEN Center and free weekends to explore on your own.

8:00-9:00: Breakfast

9:00-13:00: Local Language Class

13:00-14:00: Lunch

14:00-18:30: Cooking and cleaning for Shabbat

18:30: Kabbalat Shabbat, Kiddush, and Dinner

20:00-21:30: Friday Night Sessions, including topics such as Jewish Activism, multiculturalism, tikkun olam, etc.

Saturday Free Morning

13:00-14:00: Lunch

18:00-19:15: Special session

19:15: Havdalah and Dinner

20:00-21:30: Evening activities. Examples include local movie nights and discussions, guest sessions, etc.











Sunday

8:00-9:00: Breakfast and prepare for the field

9:00-13:00: Morning volunteering at the community center for all

ages. 13:00-14:00: Lunch and break

15:00-19:00: Project preparation for the week ahead, or field trip.

19:00: Dinner

20:00-21:30: Group bonding activity

Mid August Plus Programs end







